



# XFOLIA

Skin Rejuvenation Lounge

# Welcome

## Xfolia Skin Rejuvenation Lounge

Welcome to Xfolia Skin Rejuvenation Lounges, a contemporary beauty concept combining the latest technology and treatments with a personalised service, to make you look and feel fantastic.

With proven results and impeccable standards, you will find it easy to relax in Xfolia's stylish lounges. Lay back and enjoy a tranquil environment where all your beauty needs will be met by highly qualified therapists and consultants, trained in providing the best solutions for you. Choose from an extensive menu of advanced treatments ranging from non-invasive Skin Rejuvenation to Cellulite Reduction, you could even drop a dress size!

If you have always dreamed of youthful, flawless skin and an enviable Hollywood smile, then Xfolia's Xpressions range of injection treatments will take care of frown lines and wrinkles, whilst our in-house Specialist Cosmetic Dentist will prescribe the ultimate in tooth whitening. Technological advances in laser treatments may also mean that dermatological

complaints such as Rosacea and Thread Veins will be kept firmly in the past see our Private GP for specialist advice and renew your confidence.

Once you have experienced Xfolia Skin Rejuvenation Lounges we are sure you will return again and again. To reward our loyal clients we will be offering an exclusive VIP membership including a glass of bubbly on arrival, a regular discount on treatments and a birthday and Christmas reward. We truly believe that making our customers feel special is just as important as making you look good.

To make an appointment with our expert team please call:

**Holborn:** 020 7242 5749

**Canary Wharf:** 020 7538 1001

**or email:** [info@xfolia.co.uk](mailto:info@xfolia.co.uk)

# Welcome



# Biocell

## Pain Free Slimming Treatment

### **Reduces:**

Fat Cells / Cellulite

### **Improves:**

Muscle Tone  
Lymphatic Drainage

### **Sessions:**

8-20 depending on  
the results of your  
Full Body Analysis.

### **Duration:**

1 Hour

### **Biocell Slimming Treatment**

A safe, painless and non surgical alternative to surgery: for the effective reduction of fat cells, cellulite and improvement in muscle tone and lymphatic drainage.

Biocell, simply aims to breakdown and eliminate fat cells- to achieve weight loss and inch reduction. It can also be used to improve muscle tone, reduce cellulite (orange peel skin) and help lymphatic drainage. The treatment has been successful in:

- Achieving weight loss
- Reducing fat cells and inches
- Improving muscle tone
- Reducing cellulite
- Aiding lymphatic drainage

### **How it Works**

The technology consists of two separate modes in one treatment device. Vacusound and Biosculpture. Other machines use electric currents to stimulate muscle tone but do not break down fat or result in weight loss.

Vacusound: This massage stimulates the fat cells to

break them down into free fatty acids. These are then excreted from the body via the lymph vessels. Fat which is removed stays away for good. Biosculpture: This has been specially developed to use bio stimulating alternative currents with 18 different wave forms. Nine different preprogrammed treatments allow the therapist to concentrate on specific problem areas, thereby giving you a very personalised treatment.

### **Is it safe?**

A safe painless, non –surgical alternative to surgery. No complications or recovery time and far less expensive without any disruption to daily life. It couldn't be easier!

### **What Results Can I Expect?**

Biocell is a proven effective method of fat cell reduction and cellulite reduction / elimination. It is not uncommon to drop one whole size after the first treatment.

To achieve the best results with Biocell we recommend exercise, drinking plenty of water and a balanced diet.

# BioCell



# Dealight

## Intense Pulsed Light Technology

### **Reduces:**

Fine Lines  
Age Spots  
Ingrown Hairs  
Unwanted Hair  
Razor Bumps  
Rosacea  
Freckles  
Sun Damage  
Wrinkles  
Scars  
Acne  
Facial Blood Vessels

### **Improves:**

General skin  
condition

### **Sessions:**

6 depending on age  
and skin type.

### **Duration:**

1 Hour

### **Dealight Intense Pulsed Light Technology**

This treatment is based on Intense Pulsed Light which produces a broad spectrum of light in a range of wavelengths. The emitted light can be further adjusted by using filters and computer controls. Dealight is successful in treating:

- Unwanted Hair (in all skin and hair colours, except white hair) on all body parts
- Ingrowing Hair, Razor Bumps
- Rosacea
- Freckles and Skin Darkening
- Sun Damage
- Wrinkles
- Scars – elevated and depressed
- Acne
- Facial Blood Vessels and Haemangiomas

### **Is it safe?**

Dealight offers a safe, non-invasive solution that can be tailored to your individual condition and skin type, providing superior cosmetic results and outstanding satisfaction. Adjustment of filters and computer controls

allows your therapist to precisely control the amount of light energy according to skin type.

### **How many treatments?**

This will depend on the nature of your treatment and the extent of the condition. Your therapist will be able to advise you at the time of your consultation.

### **What Results Can I Expect?**

Whilst there are many lasers that treat red spots others that treat brown spots and others that are used for re-surfacing facial skin, no technology provides the long term improvement of complexion and texture of the Dealight Technology Program.

# Dealight



# Qlight

## Tattoo Removal Procedure

### **Reduces:**

Appearance of Tattoo  
Pigmentation

### **Improves:**

General skin  
condition

### **Sessions:**

Dependant on  
Tattoo size, depth  
& colour.

### **Qlight Tattoo Removal Procedure**

High intensity pulses of laser light are used to significantly lighten or completely remove a tattoo, without harming the surrounding healthy cells. When the particles of a tattoo absorb the laser light they are broken up into tiny fragments. These fragments are then absorbed through the body's natural cleansing mechanism. The cleansing process generally takes a few weeks.

### **Is it safe?**

Occasionally, a whitening of the skin may occur. But normal skin colour should return within 6-12 months following the last treatment session. Since the ink in tattooing is not regulated, some clients may experience partial clearing even after several laser sessions.

### **How many treatments will I need?**

The number of treatments required for optimal results depend on the size, location, depth and colour of the tattoo. Treatment should take place 4-6 weeks apart to allow the body to remove the maximum amount of tattoo pigment after each treatment. The tattoo will

continue to lighten after each treatment as the body disposes of more pigment.

### **What will the skin look like after treatment?**

The tattoo will lighten and the area around the tattoo may be reddish and could have swelling and scabbing. This is normal and will dissipate slowly over time.

### **Is the treatment painful?**

The impact of the pulse of light is similar to the snap of an elastic band. After the treatment you may feel a slight burning sensation in the area. Discomfort does not typically last more than one day. The area may remain reddened for 2-4 weeks. After the redness clears, the skin should return to its natural colour and texture.

### **Results**

Studies have shown that the 1.064 nm is the most effective wavelength for removing tattoos with blue, black and brown pigments, while the 532nm is effective for the treatment of red, tan, purple and orange pigments. Most clients will see an improvement in their tattoos and the results can be quite dramatic.





# Qlight

# Sonolight

## Skin Restoration Treatment

### **Reduces:**

Stretch Marks  
Acne  
Pigmentation  
Open Pores  
Scarring  
Age Spots

### **Improves:**

General skin  
condition

### **Sessions:**

6 depending on age  
and skin type.

### **Duration:**

1 Hour

### **Sonolight Skin Restoration Treatment**

A revolutionary skin restoration treatment ideal for both men and women. Sonolight aims to turn back the effects of time for those who desire a healthy, younger looking skin. The technology has been shown to be successful on a wide range of skin blemishes including:

- Stretch Marks
- Acne
- Pigmentation
- Open Pores
- Scarring
- Age spots
- Ageing and sun damaged skin

### **How it Works**

The secret is the unique multi-element approach combining exfoliation, infra-red laser & Vacusound. (Moderate suction and ultrasound waves to improve blood and lymphatic circulation resulting in an increased supply of nourishing elements to the area)

### **Is it safe?**

The equipment is approved to European Safety Standards. Clinical investigations started in 1987 in Italy, demonstrating that micro-dermabrasion using aluminium oxide crystals, is safe, effective and easy to use. Treatments on thousands of clients of different race, colour and skin type show no adverse reaction.

### **How many treatments?**

Your therapist will advise you on how many treatments you need depending on your age and skin type. In general most skin conditions require a course of six sessions. Each session lasts one hour and the results are evident even after the first session.

### **What Results Can I Expect?**

Sonolight effectively treats, and in many cases removes, a wide range of blemishes, improving your skin's appearance and your confidence.

# Sonolight



# Xpressions



# Xpressions

## Smoothing of Stress Lines & Wrinkles

### **Reduces:**

Facial Lines

### **Improves:**

General skin condition

### **Sessions:**

Dependant on consultation

### **Xpressions Facial Lines Reduction Therapy**

In adults, facial lines (wrinkles) are caused by a number of reasons including:

- Natural ageing
- Hereditary predisposition
- Skin damage (including sun damage)
- Repetitive facial contraction

These changes mainly happen due to decreased production and a gradual breakdown of existing collagen in the skin. In turn, this causes skin to sink and wrinkles to appear.

Facial lines can be softened, or in some cases erased by various means including muscle relaxing injections, filler injections, peeling treatments, laser therapy or other surgical treatments.

### **Facial Lines Relaxing Injections**

The muscle relaxing injection offered at Xfolia complies with US Food and Drug Administration standards for use in aesthetic therapy.

### **How does the treatment work?**

Using very fine injections, this treatment temporarily blocks the nerve endings to facial muscles thereby relaxing them. By reducing repetitive facial contraction the skin is allowed to recover causing lines to soften and fade away. With time, the subconscious habit of excessive, unnecessary facial expression is broken and facial muscles are then re-trained into a more relaxed attitude.

### **Are the treatments safe?**

The cosmetic uses of this treatment have been used on over 1 million patients worldwide for more than 11 years without serious adverse effects.

### **How long does the treatment last?**

After the initial consultation, the muscle relaxing injection can be administered in 20 minutes. Each treatment generally takes up to 10 days to take effect and lasts 3 – 4 months. To prolong the benefits, further courses of treatment would be recommended.



# Xpressions

## Smoothing of Stress Lines & Wrinkles

### **Reduces:**

Facial Lines

### **Improves:**

General skin condition

### **Sessions:**

Dependant on consultation

### **Xpressions Facial Lines Smoothing Injections**

The natural contours of our skin and its inherent resilience is mainly due to the presence of hyaluronic acid. It is present in all living bodies and its important function is to bind water.

At Xfolia, we offer Non-Animal Stabilised Hyaluronic Acid (NASHA) products such as Restylane® which are stable, bio-degradable and produced under strict conditions.

### **How does the treatment work?**

The treatment aims to fill out deep facial lines by restoring volume to the depleted areas. With skilled sculpting, this added volume plumps up sunken skin thereby giving a fuller appearance. A local anaesthetic cream or injection may be required for extended procedures mainly around the lips.

### **How long does the treatment last?**

After initial consultation, the skin smoothing injections can be administered in 30 minutes. The results are instantaneous and may last up to 9 months. To prolong

the benefits, further courses of treatment would be recommended.

### **What are the benefits of the treatment?**

- The treatment produces a smoother, softer skin resulting in a fresher and more youthful appearance.
- Lip enhancement produces a vibrant, beaming smile and a more glamorous outlook.

### **What are the side effects?**

Most of the side effects are related to the administration of the injection. These include bruising, redness, and swelling. Being a totally natural product, with time it can be broken down safely by the body.

### **Can anyone have the treatment?**

These treatments are suitable for almost any adult apart from those who are pregnant or breast feeding.

A fully qualified and experienced doctor will undertake a detailed medical history to confirm your suitability for any treatment advised.